# AMSER Case of the Month August 2023 

## $78 y$ female with liver mass

Rob Hagedorn, MS3<br>Logan Thomas, MS3<br>Dr. Jeffrey Olpin, MD<br>University of Utah School of Medicine

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## Patient Presentation

- HPI: Patient presented to her PCP asymptomatic with self-reported remote history of diagnosis of liver hemangioma; no prior imaging
- PMHx: diabetes mellitus, atrial fibrillation, squamous cell skin cancer s/p excision
- PSHx: carpal tunnel release, cesarean section, corneal transplant, cataracts, tonsillectomy
- SHx: no smoking, alcohol, drug
- ROS: negative
- Vitals: wnl

What Imaging Should We Order?

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## Select the applicable ACR Appropriateness Criteria

Liver Lesion-Initial Characterization
Variant 1:
Indeterminate, greater than 1 cm liver lesion on initial imaging with US. Normal liver. No suspicion or evidence of extrahepatic malignancy or underlying liver disease.

| Procedure | Appropriateness Category | Relative Radiation Level |
| :--- | :---: | :---: |
| US abdomen with IV contrast | Usually Appropriate | 0 |
| MRI abdomen without and with IV contrast | Usually Appropriate | 0 |
| CT abdomen with IV contrast multiphase | Usually Appropriate | 0 |
| MRI abdomen without IV contrast | May Be Appropriate | Usually Not Appropriate |
| Image-guided biopsy liver | Usually Not Appropriate |  |
| CT abdomen without IV contrast | Usually Not Appropriate |  |
| Liver spleen scan | Usually Not Appropriate |  |
| RBC scan abdomen and pelvis | Usually Not Appropriate |  |
| CT abdomen without and with IV contrast | Usually Not Appropriate |  |
| DOTATATE PET/CT skull base to mid-thigh | Usually Not Appropriate |  |
| FDG-PET/CT skull base to mid-thigh | Usually Not Appropriate |  |
| Octreotide scan with SPET or SPECT/CT <br> chest and abdomen |  |  |

> While US with IV was not ordered, at this is not routinely done, a routine US abomenen was ordered by the PCP

Findings (unlabeled)

## Findings: (labeled)

Several coarse calcifications noted centrally in this predominantly hypoechoic mass within the right hepatic lobe; radiologist recommends further evaluation

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Findings (unlabeled)


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## Findings (labeled)

Delayed phase demonstrates minimal peripheral discontinuous enhancement of the lesion


Dimensions:
Centrally located coarse calcifications
7.4 cm transverse x
$9.3 \mathrm{~cm} \mathrm{AP} \times 6.4 \mathrm{~cm}$ craniocaudad


Coronal view
demonstrates lesion
location in dome of right liver

What Imaging Should We Order To More Fully Evaluate CT Findings?

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MRI was
performed next
due to:
    patient concern
    to follow-up on
    "liver mass"
prior
pancreatitis
and evaluation
for possible
cysts
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Findings (unlabeled)


## RMSER

## Findings (labeled) Axial delened phase gadadinum-

Axial T2-weighted image


Heterogeneously T2 Hyperintense mass

No increase in size since prior CT imaging


Minimally enhancing T1
Hypointense mass

Final Dx:

## Sclerosing Hemangioma

## Case Discussion

- Liver hemangiomas are the most common benign liver tumor with an estimated prevalence ranging from $1 \%-20 \% .^{1}$
- On CT, conventional hemangiomas typically are hypoattenuating lesions with nodular, peripheral, discontinuous enhancement in arterial phase and progressive centripetal filling in portal venous and delayed phases.
- However, sclerosed or hyalinized hemangiomas occur when conventional hemangiomas undergo degeneration, leading to reduction in size and decreased or absent peripheral nodular enhancement.


## Case Discussion

- MRI may help further characterize equivocal hepatic lesions, such as suspected sclerosed hemangioma.
- On MR, a sclerosing hemangioma is hypointense on T1-weighted images similar to standard hemangiomas. However, variable signal on T2-weighted images is commonly seen that is usually less hyperintense than that of a conventional hemangioma. ${ }^{2}$
- Variable imaging features between sclerosing hemangiomas and malignancy, such as presence and degree of arterial vs delayed enhancement, can be difficult to differentiate from malignant hepatic tumors. ${ }^{3}$


## Case Discussion

- Differentiation between sclerosed hemangiomas and hepatic malignancy is difficult with cross-sectional imaging alone as they frequently cannot be reliably differentiated; percutaneous biopsy is typically required for confirmation.
- In this case, given this asymptomatic patient's self-reported, longstanding history of "liver hemangioma" and CT demonstrating minimal delayed phase enhancement, diagnosis of sclerosing hemangioma was established ultimately with MRI.


## References:

1. Semelka R.C., Sofka C.M. Hepatic hemangiomas. Magn Reson Imaging Clin N Am. 1997;5:241-253.
2. Lee VT, Magnaye M, Tan HW, Thng CH, Ooi LL. Sclerosing haemangioma mimicking hepatocellular carcinoma. Singapore Med J. 2005;46:140-143.
3. Doyle D.J., Khalili K., Guindi M., Atri M. Imaging features of sclerosed hemangioma. AJR Am J Roentgenol. 2007;189:67-72.
