

AMSER Case of the Month August 2023

60-year-old male patient with a 1-month history of shortness of breath, fatigue, and facial swelling

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Patient Presentation

• HPI: 60-year-old patient presented to cardiology clinic with a 1-month history of dyspnea, fatigue, facial swelling and redness, and occasional dizziness. The cardiologist ordered an in-office echocardiogram. Based on those results the cardiologist informed the patient to present to a local emergency department immediately.

• PMHx: Atrial fibrillation, Basal Cell Carcinoma s/p Mohs procedure, Type II Diabetes, Hypertension, Hyperlipidemia

• Pertinent Medications: Rivaroxaban (misses occasional doses)



On arrival to the ED

Vitals:

- Blood Pressure: 117/73
- Pulse: 86
- Temp: 98.4 F
- Resp: 12
- SpO2: 93% on arrival, 97% on remeasurement

PE:

- (+) Erythema to face
- (+) Trace edema bilaterally
- Otherwise, unremarkable

Labs:

• WBC: 10.3

What Imaging Should We Order?



Select the applicable ACR Appropriateness Criteria

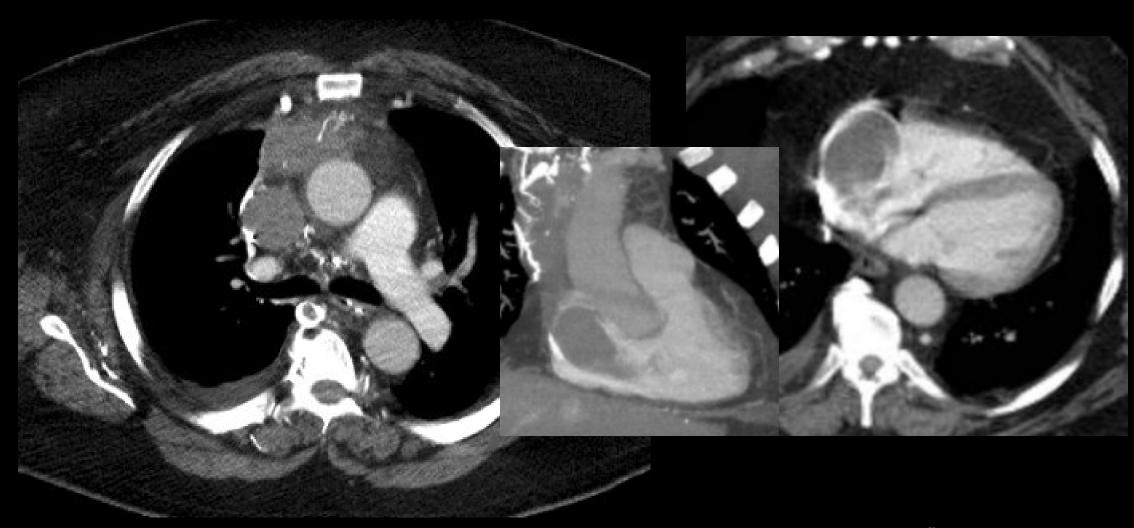
Variant 3: Suspected pulmonary embolism. High pretest probability. Initial imaging.

Procedure	Appropriateness Category	Relative Radiation Level
CTA pulmonary arteries with IV contrast	Usually Appropriate	⊗⊗ ⊗
V/Q scan lung	Usually Appropriate	⊕⊕⊕
US duplex Doppler lower extremity	May Be Appropriate (Disagreement)	0
US echocardiography transthoracic resting	May Be Appropriate	0
MRA pulmonary arteries without and with IV contrast	May Be Appropriate	0
US echocardiography transesophageal	Usually Not Appropriate	0
Arteriography pulmonary with right heart catheterization	Usually Not Appropriate	***
MRA pulmonary arteries without IV contrast	Usually Not Appropriate	0
CT chest with IV contrast	Usually Not Appropriate	⊕⊕
CT chest without and with IV contrast	Usually Not Appropriate	❖❖❖
CT chest without IV contrast	Usually Not Appropriate	₩
CTA chest with IV contrast with CTV lower extremities	Usually Not Appropriate	⊗⊗
CTA triple rule out	Usually Not Appropriate	⊕⊕⊕

This imaging modality was ordered by the ER physician due to suspected PE



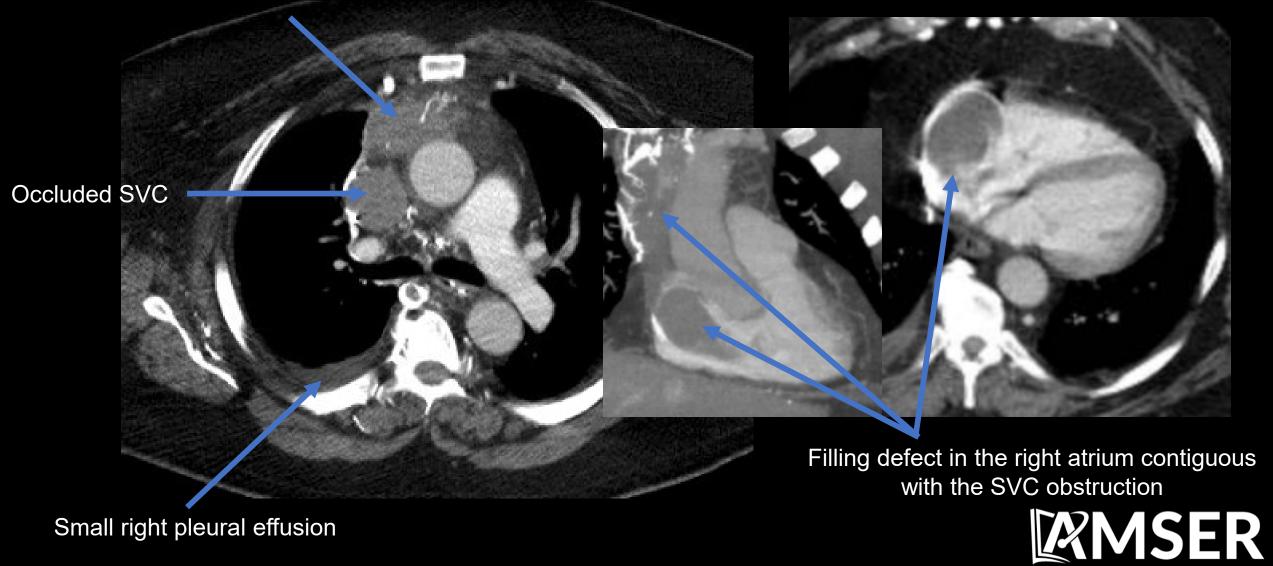
Findings (unlabeled)





Findings (labeled)

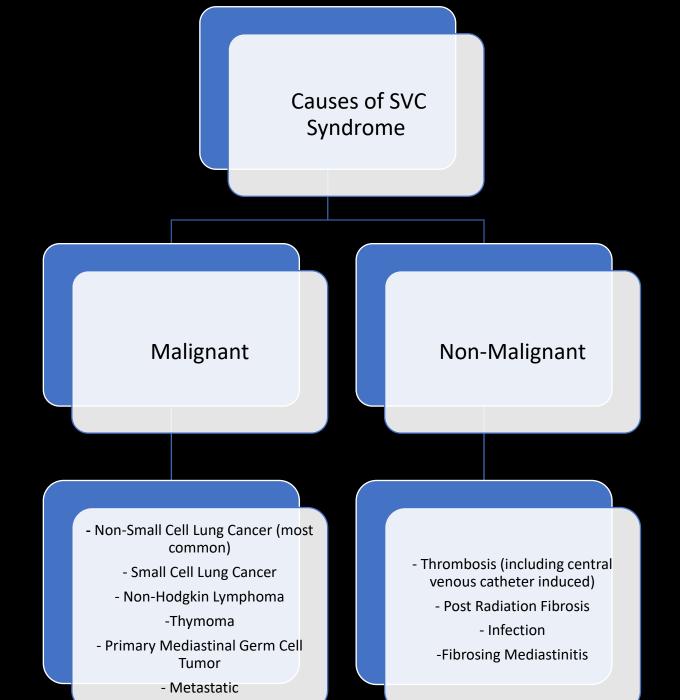
Anterior mediastinal mass



Small right pleural effusion

Final Dx:

Superior Vena Cava Syndrome due to a Thymoma



Treatment For Our Patient

Radical thymectomy was performed with pathology showing positive margins and involvement of local structures.

Right atrial and SVC thrombectomy was also performed and the patient discharged on anticoagulants.

Given positive margins and findings concerning for distant metastatic disease (images not shown) chemoradiation versus radiation followed by systemic therapy is being considered.

Thymoma

Approximately 400 people per year are diagnosed with thymoma. These tumors are generally considered slow growing.

Associated with paraneoplastic disorders (5 most common are: myasthenia gravis ,pure red cell aplasia, good syndrome, lichen planus and limbic encephalitis)

Imaging Findings:

- Well defined, round/oval, lobulated soft tissue mass
- May contain calcifications or areas of necrosis
- Can invade into adjacent vascular structures and the lungs
- Metastatic disease most commonly occurs to the pleura

Imaging Differential Diagnosis for anterior/prevascular mediastinal mass:

- Thymic in origin (thymoma, cyst, carcinoma, hyperplasia)
- Lymphoma
- Germ Cell Tumor
- Related to thyroid or parathyroid glands (retrosternal extension of thyroid, neoplasms)
- Other (neuroendocrine tumor, sarcomas)

References

- <u>Kim HJ, Cho SY, Cho WH, Lee DH, Lim DH, Seo PW, Park MH, Lee W, Lee JH, Kim DH. An unusual case of superior vena cava syndrome caused by the intravascular invasion of an invasive thymoma. Tuberc Respir Dis (Seoul). 2013 Nov;75(5):210-3. doi: 10.4046/trd.2013.75.5.210. Epub 2013 Nov 29. PMID: 24348669; PMCID: PMC3861377.</u>
- <u>Dib HR, Friedman B, Khouli HI, Gerber DR, Weiss RL. Malignant thymoma. A complicated triad of SVC syndrome, cardiac tamponade, and DIC. Chest. 1994 Mar;105(3):941-2. doi: 10.1378/chest.105.3.941. PMID: 8131570.</u>
- Jiang S, Hu H, Guo C, Jiang F, Liu X, Tang L, Tang J, Cheng X. Thoracic tumor resection combined with SVC replacement using autologous pericardium. World J Surg Oncol. 2019 Dec 21;17(1):227. doi: 10.1186/s12957-019-1769-3. PMID: 31864362; PMCID: PMC6925868.
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